

Taking Control: Knowing How, Knowing When

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alzheimer's association®
New York City Chapter

360 Lexington Avenue, 4th Floor
New York, NY 10017
www.alzny.org

Address Service Requested

who should attend:

- people with early memory loss, mild cognitive impairment (MCI), early-stage Alzheimer's disease and other dementias
- family members
- care partners
- professionals

The 9th Annual Early-Stage Memory Disorders Forum

Taking Control: Knowing How, Knowing When



Friday, May 8, 2009

9:00 am – 3:15 pm

The Roosevelt Hotel

45 East 45th Street (at Madison Avenue), New York City

Ofrecemos
Talleres
En Español

A one-day interactive symposium for people with early-stage Alzheimer's disease and other dementias, family members, and professionals.

alzheimer's association®

New York City Chapter

Taking Control: Knowing How, Knowing When

forum schedule

9:00 am – 9:45 am

Check-in, Exhibits & Continental Breakfast

10:00 am – 11:10 am

Greetings

Jeffrey N. Jones

Vice-Chair, Board of Directors

Alzheimer's Association, New York City Chapter

Lou-Ellen Barkan

President and CEO

Alzheimer's Association, New York City Chapter

Carl Eden

Mr. Eden has been diagnosed with Mild Cognitive

Impairment (MCI), and is currently a member of the

MemoryWorks program.

Plenary Session

Taking Control: Knowing How, Knowing When

Lisa Genova, Ph.D.

11:10 am – 11:30 am

Break

11:30 am – 12:45 pm

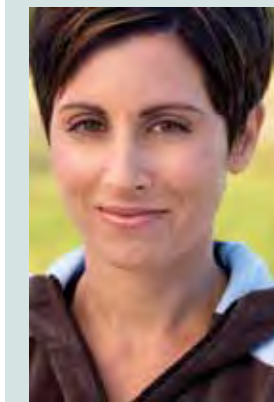
Morning Workshops

12:45 pm – 2:00 pm

Luncheon, Exhibits and Book Signing

2:00 pm – 3:15 pm

Afternoon Workshops



Featuring
Lisa Genova
Author of *Still Alice*

Lisa Genova graduated valedictorian from Bates College with a degree in Biopsychology and has a Ph.D. in Neuroscience from Harvard University. She has done research on the molecular etiology of depression, Parkinson's disease, drug addiction, and memory loss following stroke. *Still Alice*, her compelling debut novel, is about a 50-year-old woman's sudden descent into early-onset Alzheimer's disease. Dr. Genova is a proud and active member of the Dementia Advocacy & Support Network International and DementiaUSA and is an online columnist for the National Alzheimer's Association. She spends a considerable amount of time acting on stage in Boston and in local independent films. She is currently working on her next novel, LEFT NEGLECTED.



On-site registration at the Forum is not available since seating will be prearranged.

The organizers of this Forum are a coalition of people diagnosed with early-stage Alzheimer's disease and other dementias, caregivers, and professionals working together to expand Alzheimer's awareness and to eliminate the stigma associated with the disease.

Please note that the workshop offerings are designated for specific audiences. Early-Stage People are asked to register for workshops specified "For Early-Stage People." Professionals are asked to register for workshops specified for "For Professionals." Caregivers may choose from either group.

Please select one workshop for the morning and one workshop for the afternoon.

morning workshops

For Early-Stage People

1. When Do I Stop Working?

Explores issues for people who are still employed, including how and when to tell employers and co-workers, your rights as an employee, and what benefits you may be entitled to.

2. Planning Ahead

Focuses on the importance of taking an active role in decision-making about your legal and financial affairs.

3. Use It Or Lose It!

Emphasizes the importance of ongoing physical and mental stimulation and will explore a variety of programs that nurture body, mind, and spirit.

For Professionals

4. Addressing the Driving Issue

Discusses how to help early-stage people and families resolve the difficult decision of how and when to stop driving.

5. Working with Early-Stage People: Overcoming Your Fears

Designed to help professionals feel more comfortable when interacting with early-stage clients. Explains early language deficits as well as the emotional impact on the professional of confronting dementia.

afternoon workshops

For Early-Stage People

6. Treatment Options and Research

Learn about treatments for dementia that are currently available, as well as new drugs that are being investigated. Find out whether you might be a good candidate for a research program.

7. What's Out There For Me?

Could you benefit from a social program, a support group, more education about memory disorders or other types of assistance? This workshop will help you locate programs, services, and Web sites that offer the information you need to "take control."

8. Negotiating with Your Care Partner

Being diagnosed with a memory disorder can cause a shift in personal relationships. This workshop looks at ways to work with your care partner in defining and receiving the help you really need.

For Professionals

9. Helping You Help the Families

Identify issues and strategies for interventions when a family member is diagnosed with a memory disorder. It will present strategies for interventions based on research data and clinical experience.

10. What's New in Research and Treatment?

An update for professionals about the latest theories and practices in dementia research.

sesiones en español

Taller en la Mañana

11. Opciones de tratamiento y participación en estudios investigativos (Treatment Options)

En esta sesión usted aprenderá acerca de los tratamientos actualmente utilizados y las medicinas que están siendo investigadas. También aprenderá acerca de la participación en estudios.

Taller en la Tarde

12. Mantengase Saludable (Staying Fit)

Esta sesión se concentrara en la importancia del bienestar físico y mental del cuidador. El cuidado propio es esencial considerando que cuidar de otros no es tarea fácil.

Traducción simultanea será ofrecida en la plenaria principal gracias **MetLife Foundation**.

Si desea participar en este evento comuníquese con Linda Centeno al 646-744-2994.

"It's wonderful to have a place to come where you can express your feelings with people in the same situation. As a member of the planning committee, I love being a part of the process because I feel that I am involved in the birth of this event. As a person with an early-stage memory disorder, I appreciate that the Forum recognizes us, but more importantly, it informs the public about what is actually going on."

Jason M.

Registration Please photocopy this blank form to register more than one person.

Registration Deadline: Friday, April 24, 2009

On-site registration is NOT available.

Space is limited so be sure to register early. Only registration with full payment by mail, online registration or fax will be accepted. Registrations must be received by **5:00 PM on Friday, April 24, 2009**. Registration includes continental breakfast, luncheon (with assigned seating) and workshops. Please print legibly and complete all information. Your name and organization will be printed on your Forum badge just as it appears on this form. **Call the Forum Hotline, 646.744.2994, for updates on space availability.**

You may register online at www.alznyc.org.

<input type="checkbox"/> Mr. <input type="checkbox"/> Mrs. <input type="checkbox"/> Ms. <input type="checkbox"/> Dr.		
First name	Last name	Suffix
Title		
Organization		
Address		
City	State	Zip
Phone (with area code) <input type="checkbox"/> Home <input type="checkbox"/> Work <input type="checkbox"/> Cell	Fax (with area code) <input type="checkbox"/> Home <input type="checkbox"/> Work	
E-Mail Address		
The NYC Chapter's federal tax identification number is 13-3277408.		

I prefer to take the following workshops:	
AM	PM
First Choice _____	First Choice _____
Second Choice _____	Second Choice _____
Third Choice _____	Third Choice _____

Please arrange for:	
<input type="checkbox"/> A Kosher Meal	<input type="checkbox"/> Assistive Listening Device
<input type="checkbox"/> Sign Language Interpreter	<input type="checkbox"/> Wheel Chair Access
<input type="checkbox"/> Other _____	

How did you hear about the Forum: Newsletter Web site
 Doctor Other _____

Type of Registration:	
<input type="checkbox"/> Professional (Medical, Legal, Social Work, Activities Professional or other)	\$ 125
<input type="checkbox"/> Group Rate (three or more professionals from a single agency)	\$ 110
<input type="checkbox"/> Person with Alzheimer's or related condition	\$ 25
<input type="checkbox"/> Family Caregiver	\$ 25
<input type="checkbox"/> Family & Friends Group Rate* (2 or more people attending)	\$ 20 each
<input type="checkbox"/> Other: relative, friend, student with valid ID, etc.	\$ 25
Please specify: _____	
<input type="checkbox"/> Unable to attend but would like to contribute to the event \$ _____	
Certificates of attendance are available, upon request, for registrants pursuing CEUs through their profession's authorized association.	

Please arrange to seat us together:	
<input type="checkbox"/> Family & Friends Group members	
*List Family and Friends Group members here. Each person requires a separate registration form.	

Make checks payable and mail to:
Alzheimer's Association, New York City Chapter
 Attn: Early Stage Forum
 360 Lexington Avenue, 4th Floor
 New York, NY 10017

If paying by credit card, registrations may be faxed. Complete and fax this form to 212.490.6037	
<input type="checkbox"/> American Express	<input type="checkbox"/> MasterCard <input type="checkbox"/> Visa
Card # _____	Exp. Date _____
Cardholder's name (as it appears on card) _____	
Cardholder's Signature _____	

Refunds and Substitutions: Refunds for professionals, **less a \$25 processing fee**, will be granted to requests received **in writing** by **Friday, April 24, 2009**. **Refunds will not be given for "no-shows" or cancellations made after the registration deadline.** Approved refunds will be processed by **Monday, July 6, 2009**. **Substitutions are welcome if you have registered and are unable to attend and submit your request letter before Friday, May 1, 2009.**