



Published quarterly for our donors, volunteers, advocates and friends in the Alzheimer community

New Toll Free Helpline: 800-272-3900

## Alzheimer's Association Mourns Long-Time Partner Ronald Reagan

The Alzheimer's Association joins the world in mourning the loss of former President of the United States Ronald Reagan. Our heart-felt condolences go out to the Reagan family.

President Reagan's legendary sense of hope and optimism were a source of inspiration, especially to the 4.5 million Americans with Alzheimer's disease and their families and friends, and the many millions more around the globe. We are grateful that President and Mrs. Reagan worked with courage and generosity to increase public awareness of this terrible brain disease, and of the need for increased and accelerated research for effective treatments, preventions and a cure.

The Alzheimer's Association is proud of our long partnership with President and Mrs. Reagan, starting in 1983 when the President designated November as National Alzheimer's Disease Month, and continuing through the creation of the Alzheimer's Association's Ronald and Nancy Reagan Research Institute in 1995. Mrs. Reagan has long been an honorary member of our national board of directors and Maureen Reagan was an active board member until her untimely death. We were very honored when Maureen accepted our invitation to be the keynote speaker at the Chapter's Inaugural Early Stage Conference in New York City.

With the aging of the baby boom generation, it is projected that the nation will witness a 70% increase in those affected by the disease by 2030, with 7.7 million afflicted. However, the rapid progress in research is making it more likely that there will be scientific breakthroughs in the next 10 years, leading to prevention and the possibility that some baby boomers could be the first generation in history to NOT have to face Alzheimer's in their future or their children's – IF we act now to accelerate progress.

The Alzheimer's Association is asking Congress for a \$40 million increase in federal funding this year to help carry out large-scale clinical trials to identify treatments able to slow or halt the onset and progression of Alzheimer's disease. Past federal investment in Alzheimer research has been rewarded by phenomenal progress in science, but we remain far short of the \$1 billion necessary to ensure these imminent breakthroughs will happen.

*(continued on page 4)*



*1983-President Reagan designating November as National Alzheimer's Disease Month*

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alzheimer's  association  
**memory walk'04™**  
Taking steps to end Alzheimer's

**See back cover for registration and donation information**

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## President's Message

Dear Friends,

On June 5, 2004 President Ronald Reagan died after living with Alzheimer's disease for more than ten years. For a brief moment in history, the entire world watched as our nation mourned the passing of a great man. Millions witnessed the dignity and grace of the Reagan family, and heard, in their own words, personal stories of great joy and deep sadness.

As I watched the State Funeral, I could not help but think of the more than 200,000 people who are, right now, living with Alzheimer's disease in New York City. They, their families, caregivers and loved ones are no less courageous than the Reagans. They too strive to cope day after day after day. They too deserve our support.

At the Alzheimer's Association, New York City Chapter, we understand the daily struggles faced by people living with AD, and encourage any person with Alzheimer's, their loved ones and caregivers to call upon our services, including our 24-hour Helpline, our care consultation services, our support groups and educational meetings. The Alzheimer's community is growing – and we are here to help and to provide a caring and humane support system.

We are living at a time when the drama of Alzheimer's is constantly unfolding before us. Each day brings new stories of possible medical breakthroughs or new scientific developments. And our Chapter is on the move. In fact, this past March and April, I was privileged to travel to Washington and Albany, where our elected officials demonstrated strong support for our mission. *(please see Ann Berson's Public Policy Update on page 6)*

This year, at our annual Forget-Me-Not Gala, held on June 2nd, the Chapter honored Howard Solomon, Chairman and CEO of Forest Laboratories, Inc. for bringing the first FDA-approved drug to treat moderate to severe Alzheimer's disease to the United States. The event was a huge success – raising \$800,000! Peter Gallagher, star of the smash TV show, “The O.C.” was the evening's master of ceremonies. The gala also attracted such stars as James Gandolfini, Edie Falco and Dominic Chianese of “The Sopranos”; screenwriter Lora Somoza, and



Maybelline supermodel Erin Wasson. *(Our Fall newsletter issue will include complete coverage of the Gala)*

A particularly poignant moment came when Dennis Revell, Ronald and Nancy Reagan's son-in-law, presented a video to the gala attendees chronicling the personal struggle of the Reagan family while dealing with the President's own bout with Alzheimer's disease -- a struggle that we know now, was nearing its finale. We are deeply grateful for his presence.

Looking to the future, our *16th Annual Memory Walk* will be held on October 17th at Riverside Park. I hope you will dust off your walking shoes, and join us and thousands of dedicated New Yorkers as we “take steps to end Alzheimer's.” The money raised at *Memory Walk* helps us maintain the vital programs and services we offer to the residents of the five boroughs of NYC affected by Alzheimer's, their family members and caregivers as well as professionals in the field. I look forward to meeting old and making new friends at Riverside Park on Oct. 17th.

Also on the horizon is “*Community Night Out*” on August 3rd, when we join with the New York City Police Department to distribute information in each of the 78 precincts throughout the city about Safe Return, our wanderer's safety program.

During my first four months on the job, I have been so very impressed by our dedicated and compassionate staff, volunteers, community partners and generous supporters. In this short time, I have learned much from you. There is more yet to learn, and I look forward to our continued collaboration and partnership.

In closing, I know our efforts, together, will bring comfort into the lives of those living with Alzheimer's, and will bring us a step closer to finding a cure for this devastating disease. ●

—Lou-Ellen Barkan,  
President and CEO

## From The Program Director



Dear Readers,

This has been an exciting few months here at the Chapter. Under the new leadership of Lou-Ellen Barkan, staff and volunteers are re-energized and re-committed to our dual mission of a world without Alzheimer's disease, and providing the best support, information and education for all affected by the disease. I feel fortunate to have such a dynamic partner in the fight against Alzheimer's.

Every day I am reminded just how important our mission is. The recent death of President Reagan drew attention to the impact of Alzheimer's nationwide. Chapter staff and volunteers have been very busy responding to the many requests for information from the media during our national period of mourning. We have also been busy responding to the increased number of calls from individuals with the disease and family caregivers. From 1994 when President Reagan disclosed his diagnosis in the now famous "Letter to Americans" through his death this past June, the Reagan family have been advocates, strong partners of the Association, as well as models of dignified grace under the ever present stress of caregiving.

We can learn a lot about the stress of caregiving and the all-consuming, seemingly never ending demands of the disease by seeing its effects on those who are responsible for providing the primary care, (often an unwanted and unexpected role). When I speak with spouses who have not left their partner's side for any extended period of time, who can't find time to have lunch with a friend, who ask for respite care, but have a hard time using it, who become very ill because they neglect their own health or who simply sound exhausted, I am reminded of the importance of our mission.

I am reminded how complex and demanding caregiving is. Each caregiver is unique. He or she will experience a wide range of feelings that fluctuate with the situation of the person with the disease, and the condition of the caregiver themselves.

I am reminded that for some, caregiving is filled with immeasurable sadness at the loss of the person they once knew. For some there is pleasure in mastering new strategies of caring and satisfaction in developing new skills in relating to the person with the disease; getting a smile or sharing a moment of closeness. And for most caregivers it is all a mix, moving from one emotion to the other, from feelings of loving intimacy and fulfillment to feelings of deep anger, resentment and frustration and everything in between.

But one thing is certain: caregiving is a difficult and demanding task. Our message has always been, and will remain: "You can not do this alone." Providing care is too exhausting for any person to do single-handedly 24 hours a day, for the long-term duration of Alzheimer's disease. Caregivers are all too often isolated by the task of providing care. Friends and family members are often uncomfortable visiting the person with the illness. The Alzheimer's Association can be a powerful antidote to that isolation.

Our support groups provide a supportive community where caregivers feel understood; our 24-hour Helpline and care consultation provide a point of contact and comfort whenever it is needed; our comprehensive educational programs provide needed information and resources; and the Safe Return program provides a sense of security and response 24 hours a day. There is more and more evidence that counseling and support are potent tools in alleviating caregiver stress and depression.

(continued on page 5)

## Editor's Note



### A Night to Remember

This year's Forget-Me-Not Gala was tops on the "A" list's *musts* for the month of June—and you don't have to take our word for it. *The New York Times'* chronicler of scenes (and being seen) Joyce Wadler reported at length on the festivities at the Pierre Hotel in her column. If that weren't enough, Bill Cunningham followed up with photos of our honoree Howard Solomon with his son David, and guests Charlene and James Nederlander in the Sunday Styles section.

There was real star power boosting the wattage, with Peter Gallagher (*The O.C.*) as the Master of Ceremonies and James Gandolfini, Edie Falco and Dominic Chianese from *The Sopranos* in attendance. They became involved through the efforts of Lora Somoza, Gandolfini's charming fiancée.

And just to show the extent of Italian allure, someone bid \$11,000 for dinner at Rao's during our live auction. Maybelline Face Erin Wasson put up for bids the chance to accompany her to an upcoming modeling gig.

Just days before the death of our 40th president, Dennis Revell, widower of Maureen Reagan, was a welcome guest speaker, reminiscing about her dynamic presence and the caring heart that animated it. It was inspiring to think of the good memories that she (and her father) left to all of us. Dennis recalled Maureen's commitment to fighting Alzheimer's. If you were at the Chapter's Early Stage Conference a few years ago, then you'll recall how good it felt to have Maureen on our team. When she died – sadly, much too young – I remember thinking that at least her father would likely be spared the import of that tragic news. Dennis represented former First Lady Nancy Reagan at the gala.

Five hundred and thirty people came to the gala, which honored Howard Solomon, Chairman & CEO of Forest Laboratories, Inc., with the Chapter's 2004 *Outstanding Corporate Leadership Award*. There was dancing, and a poignant rendition of *As Time Goes By* from Chianese, whose *Sopranos* character, Uncle Junior, has dementia.

Our higher profile is just more evidence that we're the gold standard of Alzheimer's charities, the one rated tops by *Worth* magazine last year, the one that announces and certifies new research and treatment protocols – the one that's been caring for 25 years. Thanks to all the supporters who helped our Chapter raise \$800,000 from this event, more than ever before at a time when we need it more than ever.

*More photos and kudos in our next issue*

—Chris MacLeod

## Alzheimer's Association Mourns Long-Time Partner Ronald Reagan

(continued from cover)

The Alzheimer's Association is honored that the Reagan family has designated the Association as one of three organizations they recommend to receive contributions in his name. Those who wish to donate to the Alzheimer's Association's Ronald and Nancy Reagan Research Institute, or to family support services, may call 800-272-3900 or visit [www.alznyc.org](http://www.alznyc.org). A fitting tribute to Ronald Reagan, his life and legacy, would be to join with the Alzheimer's Association to create a world without Alzheimer's disease. It is within our reach.

National Board member Dennis Revell, son-in-law to the late President and Mrs. Reagan and widower of Maureen Reagan was a guest speaker at the Chapter's June 2nd "Forget-Me-Not" Gala honoring Howard Solomon, Chairman and CEO of Forest Laboratories, Inc. Mr. Revell read a lovely letter from Mrs. Reagan, just days before President Reagan's death. We would like to share this letter with you, our readers:

### *Office of Nancy Reagan June 2, 2004*

Good evening to all my friends who know the anguish of Alzheimer's. I am sorry that I could not be there with you tonight, but my heart is with you.

It is my pleasure to offer congratulations to Howard Solomon and Forest Laboratories, Inc. for their generous support of the Alzheimer's Association. They are most deserving of the 2004 Outstanding Corporate Leadership Award and, on behalf of Alzheimer's families everywhere, I thank them for their research and commitment to finding a cure.

So many wonderful people over these last 10 years have sent Ronnie and me their prayers and best wishes. To those who have been so compassionate, I will be forever grateful for your thoughtfulness. And I want you to take some comfort in knowing that Ronnie is the same gentle, humble and kind person that he has always been. God has sent us that blessing, for which I am so thankful.

Just four months ago, we celebrated our 52nd wedding anniversary. And as you there understand better than anyone, this was an anniversary that I celebrated alone. Those who have Alzheimer's are on a rocky path that only goes downhill. Ronnie's long journey has taken him to a distant place where I can no longer reach him. We cannot share the wonderful memories of our years together.

As we do all that we can to fight this disease, I ask something else of you. I ask that you recall the laughter in the voice and the sparkle in the eye of your loved one who has Alzheimer's. That is how they would want us to think of them tonight. Amidst the hardships and pain, let us not forget the joy and the love that we have shared with them. Thank you for all you are doing.

With affection, Nancy Reagan  
Alzheimer's Association  
New York City Chapter  
Forget-Me-Not Gala  
The Pierre Hotel  
New York, N.Y.

## Volunteer Recognition Days



### *HELLO! FROM THE WOMEN'S AUXILIARY*

The Chapter Volunteer Recognition Tea on May 20, 2004 at Gracie Mansion was a very elegant and special event which was happily attended by many volunteers including a reunion of the Women's Auxiliary after a very long, cold and busy winter.

It was a wonderful opportunity for the Women's Auxiliary to spend some time with our very charming president and Chief Executive Officer, Ms. Lou-Ellen Barkan, whom we are looking forward to working with.

From all of us in the Women's Auxiliary to all of you, have a wonderful summer and stay posted for our upcoming Fall Theatre party!

*Sandy Kalison and Olivia McManus-Gross  
Women's Auxiliary Co-Chair*



Many Chapter Support Group Leaders



Chapter 24-hour Helpline Staff and Volunteers

May 20th and 25th



Lou-Ellen Barkan, President and CEO, and Bill Kaye, Board Co-Chair



Irv Flinn, Board Co-Chair; Barbara Lepis, Director of Volunteers; and Jed Levine, Exec. Vice President

## From The Program Director

(continued from page 3)

At our recent Gala, Dennis Revell, President Reagan's son-in-law, introduced a letter from Nancy Reagan, saying, "Nancy wanted to be here in person this evening but, as many of you this room know all too well, a caregiver must remain ever vigilant, caring and available to tend to their loved one's needs." The letter from the former First Lady read in part, "Just four months ago, we celebrated our 52nd wedding anniversary. And as you there understand better than anyone, this was an anniversary that I celebrated alone."

You need not be alone with Alzheimer's disease. Call us at 1-800-272-3900.

We can help.

—Jed A. Levine,  
Executive Vice President,  
Director of Programs & Services

## alzheimer's association safe return

## Safe Return Saves Lives

Wearing a Safe Return Bracelet is critically important. Consider the following case: It was a cold January afternoon when the New York City Chapter received a telephone call from a frantic caregiver. His mother had been missing for several hours. In the interim, a good Samaritan noticed a woman standing in the cold. She appeared confused and disoriented. This person chose to get involved. Noticing the Safe Return Bracelet she was wearing on her wrist, he escorted her to the 46th precinct where she waited until her family was notified to come pick her up.

*This Alzheimer's patient was registered and wearing her Safe Return ID bracelet, so she could be reunited with her family in a timely manner.*

Some families are concerned about how their relatives with Alzheimer's disease will feel about wearing the Safe Return bracelet. Here are some helpful tips to encourage someone to wear it:

### IDEAS FOR ENCOURAGING SOMEONE TO WEAR HIS OR HER SAFE RETURN IDENTIFICATION

- Matching caregiver jewelry. Consider ordering a matching caregiver bracelet or necklace. This may signal the memory-impaired person that it is acceptable to wear the jewelry.
  - Try the necklace! If the individual is not comfortable wearing the bracelet perhaps they would prefer the necklace.
  - Use "dog tags" for former military personnel. If the individual served in any branch of the armed forces, then the Safe Return necklace may be accepted as a new form of "dog tags."
  - Consider engraving all of the Safe Return information onto a piece of jewelry that the individual already owns and likes to wear (or take him or her shopping for a suitable alternative design).
  - Place the bracelet next to the individual's current bracelet or wristwatch. If the individual is comfortable wearing a watch or other jewelry on a particular wrist, place the bracelet on the same wrist to avoid any new adjustments.
  - Attach it to a wristwatch band. If the individual will not wear the identification jewelry, it may be helpful to attach it to something such as a watch.
  - Encourage the individual to wear the jewelry in alternate places. If the individual does not want to wear jewelry around the wrist or neck, find a more creative place. Try attaching the bracelet to a belt loop, purse handles, on the ankle. Remember, the more visible the jewelry, the more likely it will be noticed when the individual is in need of assistance.
  - When using the Safe Return bracelet, place the bracelet on the individual's dominant hand. This will make it more difficult for the individual to release the clasp.
  - Also, make sure that it is not too big for the individual. A bracelet that is too loose may be easy to remove!
- Wrap the bracelet or necklace in a box and present it as a gift.
  - Use the additional Safe Return identification products! The clothing labels, wallet card and key chain will also help identify a person who is lost.
  - Have a grandchild or other loved one present the bracelet. The individual may appreciate the gesture, cherish the bracelet, and wear the bracelet even if not initially taken with the style.
  - Ask the physician or nurse to present the jewelry. If the individual has a medical appointment soon after receiving the products, ask the physician to place the bracelet on the registrant during the appointment. It may be better received from a physician.

## Public Policy Update

### Federal Advocacy

The 16th Annual Alzheimer's Association Public Policy Forum was held in Washington, D.C., March 20-23. The fiscal climate in Washington continues to be a difficult one and attention continues to focus on the war in Iraq. Nevertheless, the forum enabled Alzheimer's chapter public policy staff and caregivers from all over the country to speak with their representatives in Congress. Advocates called on their representatives to address the urgent needs of those with Alzheimer's and stressed the federal legislative priorities developed by the national public policy office.

With regard to the New York State elected officials, both Senator Schumer and Senator Clinton are members of the Congressional Task Force on Alzheimer's Disease. Senator Clinton is serving as the co-chair of the Task Force and also sponsored the Lifespan Respite Care bill that passed the Senate and is awaiting action by the Energy and Commerce Committee in the House. As such, Senators Clinton and Schumer are committed to furthering our federal legislative priorities, as are the members of the House of Representatives whose offices we visited. Several of our members of the House are also members of the Congressional Task Force.

*The 2004 federal legislative priorities are as follows:*

**PROVIDING AN IMMEDIATE \$40 MILLION IN ADDITIONAL FUNDING toward our goal of \$1 billion for Alzheimer Research at the National Institutes of Health.**

HOWEVER, IN LATE JUNE, THE ALZHEIMER'S ASSOCIATION SET ASIDE THIS \$40 MILLION GOAL AND IS URGING CONGRESS TO SUPPORT \$1 BILLION IN ALZHEIMER'S RESEARCH NOW AND TO ENACT LEGISLATION THAT PROVIDES THE FRAMEWORK FOR FUTURE RESEARCH, EDUCATION AND CAREGIVER SUPPORT (visit our web site at [www.alznyc.org](http://www.alznyc.org) to take action).

### LAUNCHING A "HEALTH BRAIN INITIATIVE" in partnership with government agencies including the Centers for Disease Control (CDC) to:

- Educate the American people about ways they can maintain their brain as they age by providing \$6 million to CDC for an Alzheimer initiative
- Translate scientific discoveries into effective methods that lead to prevention

### STRENGTHENING OUR COMMITMENT TO CARE BY:

- Establishing a chronic care benefit in Medicare to provide assessment and plan of care, coordinate clinical care provided by physicians and hospitals, provide ongoing consultation with person and family, provide medication management
- Improving the Medicare Prescription drug bill by filling the donut hole, ensuring the "premium support" provision doesn't harm people with AD, ensuring affordability and coverage of AD drugs, simplifying the program, improving linkage with Medicaid, coordinating with state pharmacy programs

### PRESERVING THE MEDICAID LONG TERM CARE SAFETY NET BY:

- Maintaining the federal entitlements and quality assurance provisions of current law

### State Advocacy

On April 22, our Coalition of New York State Alzheimer's Association Chapters held its annual lobby day in Albany. This year the Medicaid cuts/changes contained in the governor's budget are very serious and, if implemented, would have a severe impact on persons with Alzheimer's and their family caregivers. As such, the proposals were our priority advocacy issues and teams of advocates fanned out to meet with members of the state senate and assembly to voice concerns and opposition. The legislators and aides with whom the New York City teams met were completely understanding of our

concerns and expressed deep opposition to the Medicaid cuts. The following are the Medicaid proposals advocates addressed.

- Elimination of spousal refusal for home care, thereby leading to the impoverishment of both the well spouse and the ill spouse in need of long term care (currently the well spouse can refuse to contribute to the support of the ill spouse);
- Implementation of a transfer of assets penalty period for home care which would delay access to home care (currently there is no transfer of assets penalty period for Medicaid home care);
- Application of the look back period to home care for transfers of assets and extending the look back period from three to five years after transfer of assets for both home and nursing home care (currently the three year look back period applies only to nursing home);

In addition, our priority issues addressed the need for passage of the Family Health Care Decision Act (A.6315/S.5393) to enable families to make medical decisions for patients without a health care proxy who lack decisional capacity. We advocated as well for funding to continue and advance the work of the Alzheimer's Association Chapters (AlzCAP) and the Alzheimer's Disease Assistance Centers (ADACs) in providing education, training, counseling, support services, and diagnostic services. Funding was also sought for the Alzheimer's Community Services Program to provide funding to a wide range of community-based agencies.

At the time of this writing, the budget has not passed and the outcome with regard to the Medicaid cuts remains unclear, as does that relating to the other priority items. The chapter will maintain its advocacy activities and will continue to update all regarding these important issues. Please visit [www.alznyc.org](http://www.alznyc.org) to take action against the Medicaid cuts. ●

Ann Berson  
Vice President, Director of Public Policy

## Book Shelf



### Aging In America The Years Ahead

255 pp., NY, PowerHouse Books, 2003; \$45.00



Who doesn't like looking through the family album? Poring over this scrapbook size collection is like looking through the archives of an extended clan, one that gives a striking new context to the phrase "senior moment." Each snapshot has the elements of a compelling narrative. This book runs the gamut on the "activities of daily living." Of course, this includes dying, which is portrayed with the dignity that befits the completion of an eternal cycle. The perceptive and compassionate lens of photographer Ed Kashi, and the accompanying interviews by Julie Winokur, (who identify themselves as "baby boomers," all too aware of their own mortality), leave the impression that our nation will be far the worse with the passing of this generation of self-reliant yet community-minded individuals.

Emphasis on the word *individuals*. Kashi's pictures include veterans and lesbians, bikers and (former) burlesque queens, elder athletes and heavy equipment operators. In his preface, by Mount Sinai's Dr. Robert Butler, longtime Alzheimer's researcher cites "to depict the elderly without resorting to the clichés with which we have grown comfortable" is a notable achievement.

Doris Roberts (*Everybody Loves Raymond*) contributes the foreword, which includes this observation: "Twenty years ago it was accurate to depict a senior arriving for his checkup dragging an oxygen tank. Today, it would be more appropriate to show him with a tennis racket on one arm and a girlfriend on the other."

Attention must be paid to this demographic: by 2030, one quarter of America's population will be over 65 (hence *The Years Ahead*). *Aging in America* truly communicates the "big picture" with an accumulation of "little" ones.

--Chris MacLeod

(Photos from this award-winning book will be exhibited at Manhattan's Leica Gallery, 670 Broadway, from June 24-August 7, 2004).

## Healthcare Update

### The Medicare Prescription Drug Discount Cards: What You Should Know

You may have heard about a new Medicare prescription drug discount card that is now available, as of late spring 2004. The cards are intended to give people with Medicare a 10 to 15 percent discount on some of their drugs and to give people with low incomes \$600 toward the cost of their drugs.

The cards are not expected to offer better discounts than discount drug cards that are already available. And many people may get bigger savings using existing cost-saving options instead. Before you decide to buy a card, make sure you understand how the cards will work and whether they will help you.

For more complete information, please visit our on-line newsletter at [www.alznyc.org](http://www.alznyc.org) and click on "View Latest Issue" on the home page.

We are pleased to print this article by Amy Bernstein, HIICAP Coordinator, NYC Department for the Aging. The article first appeared in the Spring 04 Health Outreach at New York-Presbyterian Newsletter for Caregivers, Issue 20.

A few words of caution about the new Medicare-Approved Drug Discount Cards:

1. Enrollment is not mandatory, it is totally voluntary.
2. If you have Medicaid, you are not eligible to enroll and do not need to enroll in the Medicare program.
3. If you are enrolled in EPIC - stay enrolled in EPIC.
4. Companies can change prices of the drugs they cover, and change which drugs they cover at **any** time. Seniors and their families are finding it very difficult, if not impossible, to compare all 73 discount drug cards and figure out which card is right for them. (NYTimes, May 12, 2004)
5. The program appears to have greater benefit for people who meet the criteria for the low-income program (less than \$12,569 a year, \$16, 862 for couples). These individuals will get a \$600 credit. The Medicare Rights Center states that if you qualify for low-income assistance, you should probably get the card, since the card fee will be covered, and you will get up to \$1,200 toward the cost of your drugs. **If you already have prescription drug coverage or get discounts of 10-15% on your medications, you do not need to get a card.**
6. People who do not meet the above criteria might find **deeper** discounts by investigating other options:
  - Web pharmacies
  - Existing drug discount cards
  - Mail-order pharmacies
  - Canadian pharmacies
  - Drug manufacturer assistance programs
  - Veterans Administration
7. You can get more information about the Medicare drug discount cards by visiting [www.medicarerights.org](http://www.medicarerights.org). For a list of other ways to save on your prescription drugs visit: [www.medicarerights.org/rxframeset.html](http://www.medicarerights.org/rxframeset.html).
8. We will be learning a whole new protocol for prescription drug coverage when Medicare Part D goes into effect in 2006!



## Caregiver's Corner

### The Benefits of In-Home Therapeutic Recreation

Recreation Therapy is of great importance for both the institutionalized and homebound elderly. Whether it is someone suffering from Alzheimer's disease, another dementia or someone who is frail and elderly, therapeutic recreational activities can enhance and maintain a sense of psychosocial well being and prevent social isolation. Activities can also be used to exercise abilities such as perception, hand-eye coordination as well as motion.

For those suffering from Alzheimer's disease or dementia, therapeutic activities can be used to promote positive experiences, and feelings, and encourage task completion by using a failure free task philosophy. Typical activities for those with early stage Alzheimer's disease or dementia would include word games, trivia, current events, book clubs, musical activities, cooking programs, trips in the community, reminiscence, and craft projects. Those with moderate Alzheimer's disease or dementia could engage in task-based activities like arm chair exercise or ball toss, movement to music, simple craft projects, cognitive games, simple puzzles, and reminiscence programs. For those with severe Alzheimer's disease or dementia activity might focus on sensory stimulation through music and the senses. The goal of sensory stimulation is to illicit responses.

Assisting the client by giving hints or signals and urging or reminding them are often used by professionals to facilitate maximum interaction and engagement during activities. Hand over hand technique may be used to facilitate task completion. Intergenerational activities like "adopt a grandparent" are very therapeutic as are visits from local elementary school children. These types of programs are effective for persons with Alzheimer's or dementia because they stimulate memories from childhood or remind them of events from their childhood. Therapies such as

pet, aroma, massage, and art are also effective ways to interact with the elderly in a facility or home setting.

Professionals are now providing therapeutic recreation in the home for those who can't go to a day program. Usually activity sessions last for 1 hour and the therapist provides all necessary materials. Before sessions begin, an assessment is conducted to gather demographic and activity preference information. A care plan is developed including goals and interventions. The fee for this type of service ranges from \$80 - \$125 per hour.

Social and medical model day care programs for the elderly also provide therapeutic recreation in a group setting. Participants of these programs are encouraged to attend a variety of activities including social, cognitive, intellectual, spiritual, and physical. Activities are usually provided by certified recreation specialists, CNA's, or social workers who are trained to provide cuing and prompting to facilitate task completion.

For more information on Therapeutic Recreation and providers please contact the Alzheimer's Association.

Written by Toni L. Musto, MPH and Stacey G. Zaslow, CSW  
Founders of Journey For A Day, Inc.  
212-725-6566

[www.journeyforaday.com](http://www.journeyforaday.com)

## El Rincón del Cuidador

### Los Beneficios de la Terapia Recreativa En-Casa

Terapia Recreativa es de gran importancia tanto para las personas mayores que viven en una institución como para las que están limitadas a su hogar. Sea alguien que ha sido afectado por la enfermedad de Alzheimer, otra demencia, o alguien que sea frágil y viejito; las actividades de terapia recreativa pueden enriquecer y mantener un sentido de bien estar psicosocial y prevenir aislamiento social. Las actividades pueden ser utilizadas para ejercitar habilidades tales como la percepción, coordinación visual y movimiento.

Para aquellos que sufren de la enfermedad de Alzheimer u otra demencia, las actividades terapéuticas pueden ser utilizadas para promover experiencias y sentimientos positivos, y alentar la realización de tareas utilizando una filosofía libre de fallas. Actividades típicas para aquellas personas que tienen principios de la enfermedad de Alzheimer u otra demencia incluyen juegos de palabras, trivialidades, información general, club de libros, actividades musicales, programas de cocina, paseos en la comunidad, reminiscencia, y proyectos de trabajos manuales. Aquellas otras personas que están atravesando la segunda etapa de la enfermedad de Alzheimer u otra demencia, pueden animarse a participar en actividades como ejercicios, tirar la pelota, moverse al compás de la música, manualidades sencillas, juegos cognoscitivos, rompecabezas, y programas de reminiscencia. En la última etapa de la enfermedad de Alzheimer u otra demencia, las mejores actividades son las que se enfocan en estimular los sentidos por medio de música y otros sentidos. El estimular los sentidos tiene como fin el obtener reacciones.

El equipo profesional utiliza pistas o señales para animar y ayudar a recordar al paciente y así facilitar la máxima interacción y agrado durante las actividades. La técnica



## Los Beneficios de la Terapia Recreativa En-Casa

(continued from previous page)

de mano sobre mano se puede utilizar para ayudar a terminar las tareas. Actividades intergeneracionales tales como “adoptar un abuelo” son muy terapéuticas al igual que las visitas de niños escolares. Este tipo de programas son efectivos para personas con la enfermedad de Alzheimer o demencia porque estimulan los recuerdos de su niñez. Terapias utilizando mascotas, aromas, masajes, y arte son también maneras efectivas para interactuar con los ancianos en una institución o en la casa.

Hoy en día los profesionales ofrecen recreaciones terapéuticas en la casa para las personas que por razones físicas no pueden ir a un programa diurno. Usualmente, las sesiones pueden durar hasta una hora y el/la terapeuta provee todo el equipo necesario. Antes de empezar las sesiones, se hace una evaluación para obtener información demográfica y preferencia de actividades. Se desarrolla un plan de cuidado el cual incluye las metas y las intervenciones. Este tipo de servicio cuesta alrededor de \$80 - \$125 por hora.

Programas de cuidado diurno, tanto social como médico también proveen recreaciones terapéuticas en grupo. Los que asisten en estos programas son exhortados a participar en una variedad de actividades sociales, cognoscitivas, intelectuales, espirituales, y físicas. Se acostumbra que estas actividades se lleven a cabo por especialistas certificados en recreación, asistentes certificadas de enfermería, o trabajadores sociales quienes están entrenados en como proveer indicaciones y promover el cumplir con la tarea.

Para más información en Terapia Recreativa y proveedores por favor llame a la Asociación de Alzheimer.

Escrito por Toni L. Musto, MPH y Stacey G. Zaslow, CSW  
Fundadores de Journey For A Day, Inc.  
212-725-6566  
[www.journeyforday.com](http://www.journeyforday.com)

## Legal Guidance



### Understanding HIPAA and How It Affects Health Care Proxies

The idea behind the Health Insurance Portability and Accountability Act of 1996 (Public Law 104-191; 42 USC 1320d) (HIPAA) was simple: to protect the privacy of workers who were terminated or who had changed employers so that they could continue to maintain access to health insurance coverage. Congress became concerned about the potential of abuse of privacy as personal information was being transmitted electronically, no longer under lock and key in an office file cabinet. Congress mandated the Department of Health and Human Services (HHS) to adopt uniform federal privacy protections for “individually identifiable health information,” i.e., medical information. After numerous revisions, compliance with HIPAA Standards for Privacy of Individually Identifiable Health Information (The Privacy Rule) was mandated by April 14, 2003. And it's not simple.

The Privacy Rule applies to three types of covered entities: health plans, health care clearinghouses, and health care providers who transmit health information electronically. The Rule generally limits the release of information to the minimum necessary to the situation, and holds violators accountable, with civil and criminal penalties imposed, ranging from \$100 for inadvertent disclosures, to imprisonment and a \$250,000 fine for knowingly using the information for commercial benefit.

The Rule does not change the way Health Care Proxies (HCP) are designated in New York. Under the Rule, surrogate decision makers, referred to as “personal representatives,” including persons holding valid health care proxies and guardians must be given access to relevant medical information. Therefore, it is now more important than ever to have a validly executed (and broadly drawn) Health Care Proxy. If an individual no longer has the capacity to sign, a properly executed

health care proxy previously signed should be accepted by health care providers. However, to avoid difficulties in the future, it is recommended that the HCP, as well as a durable power of attorney, should be re-executed to include, at a minimum, the following language:

*In addition to other powers granted by me in this document, my agent shall have the my personal representative for purposes of the Health Insurance Portability and Accountability Act of 1996. My agent is authorized to execute any and all releases and other documents necessary in order to obtain disclosure of my patient records and other medical information subject to and protected under HIPAA. This authorization will expire upon written revocation, signed by me and delivered to my health care provider.*

Since New York State permits only one health care agent to be appointed at a time, a standard medical release covering family members who may not be named as agents on a health care proxy should be executed and is sufficient to comply with HIPAA.

HIPAA regulations are found at 45 CFR 164.500 – 164.534. An excellent source of information, including “How to File a Health Information Privacy Complaint with the Office for Civil Rights” is available on the internet at [www.hhs.gov/ocr/hipaa](http://www.hhs.gov/ocr/hipaa).

**Joanne B. Spellane** is an attorney whose practice is devoted to the representation of the interests of the elderly. Practice includes Medicaid law, Trusts and Estates planning and Estate Administration. Prior to opening her own practice in 2003, she was associated with the law firm of Freedman and Fish, LLP, in Manhattan. Member of the National Academy of Elder Law Attorneys, as well as the Elder Law Sections of both the New York State and Westchester County Bar Associations. She currently has offices in both Westchester and NYC and serves clients throughout the Metropolitan area.

## Education Calendar • Summer 2004

### THURSDAY July 1

#### QUEENS ORIENTATION MEETING FOR CAREGIVERS

Time: 12:30 – 2:00 p.m.  
Place: Samuel Field YM-YWHA  
Cape Conference Room  
59-28 Little Neck Parkway  
Little Neck, NY

#### MEDICAID HOME CARE SEMINAR: A PRACTICAL GUIDE TO THE SYSTEM

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a Legal/Financial Seminar is required.

### WEDNESDAY July 7

#### EASING THE TRANSITION FROM HOME TO A RESIDENTIAL CARE FACILITY

Time: 6:00 – 8:00 p.m.  
Place: Chapter Office

### FRIDAY July 9

#### ORIENTATION MEETING FOR CAREGIVERS

Time: Noon – 1:30 p.m.  
Place: Chapter Office

### MONDAY July 12

#### EDUCATIONAL MEETING

Time: 6:00 – 7:30 p.m.  
Place: Chapter Office  
Topic: Palliative Care and Hospice: What Are They? When To Consider Them?  
Speaker: Eileen Hanley, RN, Manager, Supportive and Palliative Care  
St. Vincent's Catholic Medical Center

### TUESDAY July 13

#### ORIENTATION MEETING FOR CAREGIVERS

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### MONDAY July 19

#### MEDICAID HOME CARE SEMINAR: A PRACTICAL GUIDE TO THE SYSTEM

Time: Noon – 1:30 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a Legal/Financial Seminar is required.

### MONDAY July 19

#### LEGAL/FINANCIAL SEMINAR

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### WEDNESDAY July 21

#### ORIENTATION MEETING FOR CAREGIVERS

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### THURSDAY July 22

#### LEGAL/FINANCIAL SEMINAR

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### TUESDAY July 27

#### ORIENTATION MEETING FOR CAREGIVERS

Time: Noon – 1:30 p.m.  
Place: Chapter Office

### MONDAY August 2

#### LEGAL/FINANCIAL SEMINAR

Time: Noon – 1:30 p.m.  
Place: Chapter Office

### WEDNESDAY August 4

#### EASING THE TRANSITION FROM HOME TO A RESIDENTIAL CARE FACILITY

Time: 6:00 – 8:00 p.m.  
Place: Chapter Office

### THURSDAY August 5

#### QUEENS ORIENTATION MEETING FOR CAREGIVERS

Time: 12:30 – 2:00 p.m.  
Place: Samuel Field YM-YWHA  
Cape Conference Room,  
59-28 Little Neck Parkway,  
Little Neck, NY

#### MEDICAID HOME CARE SEMINAR: A PRACTICAL GUIDE TO THE SYSTEM

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a Legal/Financial Seminar is required.

### MONDAY August 9

#### EDUCATIONAL MEETING

Time: 6:00 – 7:30 p.m.  
Place: Chapter Office  
Topic: The Grieving Process:  
Understanding and Living with  
Feelings of Loss and Grief as a Caregiver  
Speaker: Benyamin Cirlin, C.S.W., Director,  
Center for Loss and Renewal

### TUESDAY August 10

#### ORIENTATION MEETING FOR CAREGIVERS

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### FRIDAY August 13

#### ORIENTATION MEETING FOR CAREGIVERS

Time: Noon – 1:30 p.m.  
Place: Chapter Office

### MONDAY August 16

#### MEDICAID HOME CARE SEMINAR: A PRACTICAL GUIDE TO THE SYSTEM

Time: Noon – 1:30 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a Legal/Financial Seminar is required.

#### LEGAL/FINANCIAL SEMINAR

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### WEDNESDAY August 18

#### ORIENTATION MEETING FOR CAREGIVERS

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### TUESDAY August 24

#### ORIENTATION MEETING FOR CAREGIVERS

Time: Noon – 1:30 p.m.  
Place: Chapter Office

### THURSDAY August 26

#### LEGAL/FINANCIAL SEMINAR

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

## Education Calendar • Summer 2004

### WEDNESDAY September 1

EASING THE TRANSITION  
FROM HOME TO A  
RESIDENTIAL CARE FACILITY  
Time: 6:00 – 8:00 p.m.  
Place: Chapter Office

### THURSDAY September 2

ORIENTATION MEETING  
FOR CAREGIVERS  
Time: 8:30 – 10:00 a.m.  
Place: Chapter Office

### QUEENS ORIENTATION MEETING FOR CAREGIVERS

Time: 12:30 – 2:00 p.m.  
Place: Samuel Field YM-YWHA  
Cape Conference Room,  
59-28 Little Neck Parkway,  
Little Neck, NY

### MEDICAID HOME CARE SEMINAR: A PRACTICAL GUIDE TO THE SYSTEM

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a Legal/Financial  
Seminar required.

### FRIDAY September 10

ORIENTATION MEETING  
FOR CAREGIVERS  
Time: Noon – 1:30 p.m.  
Place: Chapter Office

### MONDAY September 13

EDUCATIONAL MEETING  
Time: 6:00 – 7:30 p.m.  
Place: Chapter Office  
Topic: Alzheimer's Disease: Research and  
Treatment Update  
Speaker: Howard A. Crystal, MD  
Director, Alzheimer Disease and  
Memory Disorders Center,  
University Hospital of Brooklyn

### TUESDAY September 14

ORIENTATION MEETING  
FOR PROFESSIONALS  
Time: 9:30 – 11:00 a.m.  
Place: Chapter Office

### ORIENTATION MEETING FOR CAREGIVERS

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### MONDAY September 20

MEDICAID HOME CARE  
SEMINAR: A PRACTICAL  
GUIDE TO THE SYSTEM  
Time: Noon – 1:30 p.m.  
Place: Chapter Office  
NOTE: Prior attendance at a  
Legal/Financial  
Seminar required.

### LEGAL/FINANCIAL SEMINAR

Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### THURSDAY September 23

LEGAL/FINANCIAL SEMINAR  
Time: 5:30 – 7:00 p.m.  
Place: Chapter Office

### TUESDAY September 28

ORIENTATION MEETING  
FOR CAREGIVERS  
Time: Noon – 1:30 p.m.  
Place: Chapter Office

### CHAPTER ANNUAL GATHERING

Time: 5:00 – 7:30 p.m.  
Place: CUNY Graduate Center  
365 Fifth Avenue (at 34th Street)

PLEASE NOTE: All meetings subject to  
change. Please call (212) 983-0700 for  
more information, and to reserve a seat.  
Reservations are **mandatory** for all meetings.  
ALL MEETINGS ARE FREE OF CHARGE.

The NYC Chapter Office is located at  
360 Lexington Avenue — 5th floor  
(between 40th and 41st Streets)  
New York, NY 10017

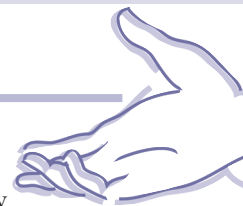
We wish to thank the following for their  
generous donation of space for the meetings:  
CAPE at the Samuel Field YM-YWHA,  
The Park Slope Geriatric Day Center,  
CNR, Fort Washington Houses,  
RAIN Parkchester Senior Center, and  
St. Brendan's Senior Houses.



## Dementia Home Care Graduation 2004



On April 29th, a graduation ceremony  
was held in the Association's Training Center  
for 17 home care attendants who are privately  
employed. The ceremony began with an opening prayer that was  
delivered by graduate Felicia Sarpong. Family members, friends,  
employers, and Alzheimer's Association staff listened as speeches  
were given about the training experience by several of the  
graduates, namely, Christina Moyles, Janet Pryce, Celmira  
Echeverri-Battle and Greta May Black. Association staff also  
participated in the program. Maia Ioseliani, another graduate,  
brought the ceremony to a close with a beautiful song about love  
and caring that she sang in Georgian, her native language. We are  
very grateful to the Milbank Foundation for Rehabilitation for  
funding this training program. Our most sincere congratulations  
once again to all of the graduates!



Paulette Michaud

MANAGER OF EDUCATION AND TRAINING

## Support Groups

The New York City Chapter sponsors over 100 caregiver support groups throughout the Bronx, Brooklyn, Manhattan, Queens and Staten Island. We offer support groups for spouses, partners, adult children, etc. Some groups are composed of only spouses or adult children, while others are mixed, that is composed of many types of caregivers. There are also support groups for people of all ages who have been diagnosed with Alzheimer's disease and are in the early stages of the illness. Before attending a support group we recommend you attend a Chapter Orientation Meeting. Call 800-272-3900 and ask for the Helpline to reserve a seat.

You will also need to call the support group leader and schedule a brief personal interview before attending a group. Wendy Panken, Support Group Manager, is available to discuss your questions and concerns about joining a support group at 212-983-6906 x214. For a complete list of our support groups, visit our website at [www.alznyc.org](http://www.alznyc.org) or call the Helpline at 800-272-3900.

All support groups are open for new members, however, the following are groups actively seeking new members:

### BRONX

#### ADULT CHILDREN'S GROUP:

Hebrew Home at Riverdale (Palisade Avenue)

Day & Time: 6:30 – 8:00 PM Tuesdays

Contact: Rina Ginat 718-581-1628

#### MIXED GROUPS:

Riverdale Senior Services (Netherland Ave.)

Day & Time: 6:00 – 7:30 PM, 1st & 3rd Mondays

Contact: Wendy Bolton 718-884-5900 x19

Beth Abraham Health Services (Allerton Ave.)

Day & Time: 6:00 – 7:15 PM 1st & 3rd Wednesdays

Contact: Hilary Horvat 718-519-4068

Morningside House (Pelham Parkway)

Day & Time: 2:00 – 3:00 PM 1st & 3rd Tuesdays

Contact: Laurie Wasserman 718-409-7943

### BROOKLYN

#### ADULT CHILDREN'S GROUP:

Sheepshead Bay Services for the Elderly (Ave. O)

Day & Time: 6:30 – 8:00 PM every other Tuesday

Contact: Golda Zelman 718-375-3377

#### MIXED GROUPS:

Sunrise Assisted Living (Sheepshead Bay)

Day & Time: 6:45 – 8:00 PM every other Tuesday

Contact: Sophie Finkelman 718-646-2973

Brooklyn Alzheimer's Disease Assistance Center (Lenox Road)

Day & Time: 2:00 – 3:30 PM Wednesdays

Contact: Loran Walcott-Brown 718-287-4806

Bensonhurst Senior Assistance Center (Benson Ave.)

Day & Time: 6:30 – 8:00 PM every other Tuesday

Contact: Mary Hume 718-236-3205

#### SPOUSES' GROUP:

Sheepshead Bay Services for the Elderly (Ave. O)

Day & Time: 1:00 – 2:30 PM every other Friday

Contact: Robin Berkman 718-375-3377

Long Island College Hospital (Hicks Street)

Day & Time: 7:00 – 8:30 PM 1st & 3rd Wednesdays

Contact: Bonnie Weinstein 718-834-0731

### MANHATTAN

#### EARLY STAGE GROUP:

360 Lexington Ave. (40th & 41st Streets)

Day & Time: 11:00 AM – 12:30 PM Fridays

Contact: Paulette Michaud 212-983-6906

#### GENERIC GROUP:

For Caregivers whose family member is in the late stage of a disease and dealing with complex issues including the need for higher levels of care at home or in a residence:

Shira Ruskay Center at JBFCS (7th Ave at 54th St.)

Day & Time: 3:15 AM - 4:30 PM every other Thursday

Contact: Sandy April 212-399-2685 x230

Wendy Panken 212-983-6906 x214

#### MIXED GROUPS:

The Riverside Church (Claremont Ave. & W. 120th St.)

Day & Time: 12:30 – 1:45 PM every other Friday

Contact: Lorraine Ruggieri 212-362-6500

The Hallmark (Battery Park/Tribeca)

Day & Time: 6:30 – 8:15 PM 2nd & 4th Monday

Contact: Katherine Berger 212-791-2500

The Jewish Community Center (Amsterdam Ave./76th St.)

Day & Time: 6:30 – 8:15 PM 1st & 3rd Thursdays

Contact: Sunny Kenowsky 212-371-6039

Rita Golub 212-316-7724

Columbia Presbyterian Medical Center (W. 168th St.)

Day & Time: 12:00 – 1:15 PM 1st & 3rd Tuesdays

Contact: Lynn Stiles 212-305-3785

SPOP (West 88th Street)

Day & Time: 1:00 – 2:15 PM Thursdays

Contact: Marjorie Hornick 917-992-9186

(an activity program is available for the person with dementia)

LifeCare Services (5th Ave. & 37th Street)

Day & Time: 12:30 – 1:45 PM 1st & 3rd Thursdays

Contact: Shelley Miller 212-768-1228

#### SPOUSES' GROUPS:

Educational Alliance (Grand St.)

Day & Time: 1:30 – 2:00 PM Wednesdays

Contact: Francine Shore 212-358-8489 x31

Lenox Hill Neighborhood House (East 71st Street)  
 Day & Time: 11:00 AM – 12 noon Thursdays  
 Contact: Paula Grooms 212-744-5022 x 1205

**QUEENS**

**ADULT CHILDREN'S GROUPS:**

CAPE/Samuel Field YM-YWHA (little Neck Pkwy.)  
 Day & Time: 7:00 – 8:30 PM every other Wednesday  
 Contact: Joan Baraf 718-224-0566

Visiting Nurse Service (Flushing)  
 Day & Time: 7:00 – 8:30 PM every other Thursday  
 Contact: Lorraine Greenberg 516-942-4515

**MIXED GROUPS:**

Forest Hills Community House (62nd Dr.)  
 Day & Time: 12:30 – 2:00 PM 2nd & 4th Tuesdays  
 Contact: Laurie Avery 718-592-5757 x 237  
 (A respite program is available for the family member with dementia)

Hillside Manor (Jamaica)  
 Day & Time: 11:00 – 12:30 PM 2nd & 4th Wednesdays  
 Contact: Casey Graham 718-264-6868

**SPOUSES' GROUP:**

Granat Alzheimer Center/ Parker Jewish Institute (Little Neck)  
 Day & Time: 11:00 AM– 12:00 PM 1st & 4th Wednesdays  
 Contact: Martha Wolf 718-289-2105

**TELEPHONE SUPPORT GROUPS:**

DOROT's Caregivers Connections  
 Contact: Lori Friedman 212-769-2851

Estos grupos de apoyo estan disponibles para aquellas personas que cuidan a un ser querido con problemas de memoria. Venga a compartir sus experiencias y obtenga apoyo emocional y ayuda para desarrollar nuevas técnicas de cuidado.

**GRUPO EN ESPAÑOL**

VIERNES – 1:00 – 2:30 pm  
 Montefiore Medical Center, 210th Street, Bronx, NY

**GRUPO EN ESPAÑOL**

MIERCOLES – 10 – 11:30 am  
 Park Slope Geriatric, One Prospect Park West, Brooklyn, NY

**GRUPO EN ESPAÑOL**

LUNES – 11 – 12:30 pm  
 Settlement Health, E. 106th St., New York, NYC

Para más información sobre como asistir a un grupo de apoyo o para inscribirse en un grupo por favor llame a Wendy Panken al 212-983-6906 ext. 214.

Training is available for professionals and former caregivers interested in leading support groups. For information, call Sharon B. Shaw at 212-983-6906 ext. 220.

**Bulletin Board**

**Treatment Studies on Staten Island**

Behavioral Medical Research of Staten Island is providing three Alzheimer treatment studies. All are double-blind, placebo, controlled studies sponsored by Pharmaceutical sponsors evaluating new treatments for Alzheimer's disease. If eligible, CAT/MRI scans will be provided; medication and study visits will be provided at no expense.

We have 3 Alzheimer treatment programs currently available for patients:

1) Mild to Moderate Alzheimer patients who are currently taking a cholinesterase inhibitor i.e. Aricept, Exelon, or Reminyl. The treatment study adds an FDA approved medication, Stratera to the current regimen.

2) Mild to Moderate Alzheimer's patients who may or may not be on a currently approved treatment for Alzheimer's disease. We are evaluating a new medication Xaliproden for the treatment of Mild to Moderate Alzheimer's Disease.

3) Moderate to Severe Alzheimer patients who are not currently taking any medication for Alzheimer's disease. The medication being evaluated in the study is a new medication from Forest Laboratories, which is distributing Namenda.

For further information, please contact Dr. Adam Smith at 718-351-8100.

## Tributes In Memory of...07/01/03 - 01/31/04

**Ms. Delisa Aguirre**  
Your Speech Colleagues @ P4@179

**Mrs. Louise Albertina Stowe**  
Mr. Dan Gerstman  
Robert Dicaral & Donald Gordy &  
your friends at Benjaminmoore & Co.

**Mr. Ira Alexander**  
Milton Paper Company

**Ms. Betty Anastasi**  
Adrienne, Greg and Ashley Tenbekjian

**Samuel and Freda Antsis**  
Ms. Pearl Antsis

**Mr. Donald Aronson**  
Ms. Debra Isaacs

**Mr. Frederrick Assey**  
Ms. Eileen Lynch

**Ms. Ann Axelrod**  
Mr. Frank Esposito

**Mrs. Catherine Barth**  
Mr. Allen Bamberger

**Florence Bartolo**  
Mrs. Tommasina Tibaldi

**Father of Valerie Barton Richardson**  
Mr. Scott Coopersmith

**Ms. Viola Basile**  
Ms. Patricia Barco  
Susan M. Pulise

**Mr. Edmond J. Baumier**  
Ms. Adrienne P. Einhorn

**Mrs. Lucille Bennett Capers**  
Brooklyn Law School  
Mr. Josh Klein

**Mr. Joseph Berger**  
Mr. & Mrs. Nathan Caruso,  
Ms. Barbara & Martin Dumiak,  
Mr. Nat Jackson, Mr. & Mrs. Joan  
Wolliver, Mrs. Elizabeth Gara,  
Mrs. Elizabeth Catania, Mr. & Mrs.  
Nicholas Linardas, Mr. Edward  
Agudelo, Mr. Mrs. Jose Valencia,  
Mrs. Maria Perez

**Mrs. Helen Beyda**  
South Beach Clinic

**Mrs. Fay Bleicher**  
Barbara & Rick Kantor

**Mrs. Anne Brower**  
P.S. 65 Annex Staff

**Dr. Israel Budasoff**  
Roberta S. Goodman and Peter  
Samberg

**Mrs. Dorothy Bufano**  
Vivian & Patti Dreifuss

**Mr. Joseph Burke**  
Tom Baskind

**Mr. Franklyn Carroll**  
Niagara Mohawk Power Corp.  
25 Yr. Club

**Mary E. Cassaday**  
Mrs. April Abello  
Mr. J. Douglas Gearhart  
Mr. James A. Girone  
Ms. Jackie Perry  
Ms. Argie Spuck

**Mr. Marvin Cassell**  
Ms. Carol Adelson

**Father of Joe Catadulla**  
Barbara & Michael Rosen

**Mr. Lou Chalet**  
Norbert and Lisl Topper

**Ms. Florence Chase**  
Ms. Barbara W. Pettus

**Mrs. Claire Clark**  
Ms. Marion Zweiter

**Mrs. Elizabeth Cohen**  
Shirley Ginsberg

**Francis Connors**  
Ms. Cynthia Bruno  
Ms. Claire Koch

**Mr. Jose R. Correa**  
Mr. and Mrs. Ronald Lianides

**Ms. Carmen Cruz**  
Mr. and Mrs. Tobette Feinberg

**Mrs. Margaret D'Amic**  
Mrs. Kathleen Connell

**Mr. Leonard D'Amico**  
Ms. Wilma A. Boyd

**Mr. Moe David**  
Robin, Steven, Meredith & Amanda

**Ms. Rina De Meo**  
Ms. Florence Leotta

**Mr. Abram DeBadts**  
Mr. Duane Cahoon

**Mrs. Christina DeBlasio**  
The Marinelli Family

**Mrs. Olga Delmonico**  
Bernard and Elizabeth Kramer

**Ms. Nunziata DeMasi**  
Scott and Lisa Graber  
Mae Hajjar

**Mr. Brendan Loonam**  
Washington Avenue School

**Mr. & Mrs. Demming**  
Diane, Harv and Dean

**Mrs. Louise Dentato**  
Ms. Anne Profta

**Mr. Anthony DeRosa**  
Fairview Nursing Home, Inc.  
Ms. Terry Mark and Family

**Jacqueline Di Frisco**  
Mr. Dominick Di Frisco

**Mr. Joseph Diller**  
The staff of Beth Israel  
Emergency Dept.

**Mrs. Tosca Disotero**  
Vincent and Linda Ioia

**Mr. Daniel DiVietri**  
CRT Preschool

**Mrs. Tootsie LoFrisco**  
Mr. Michael MacKey  
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**17<sup>th</sup> Annual NYC Chapter Gathering**

Date: Tuesday, September 28, 2004 at 6 pm (reception at 5)  
Place: The Graduate Center, City University of New York  
365 Fifth Avenue, at 34<sup>th</sup> Street, NYC

Featuring a Research Update by Peter Davies, Ph.D.,  
Judith and Burton P. Resnick Professor of Alzheimer's Disease  
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Keynote Address by Dan Kuhn, MSW, Director of Education,  
Mather LifeWays Institute on Aging, Evanston, Illinois  
Topic: Sexuality and Alzheimer's: The Changing Face of  
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Please call 212-983-6906 ext. 223 to register for this meeting.

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